

Our Lady of Mount Carmel & Saint George

with Our Lady of Walsingham & the English Martyrs, Enfield

Year A

TWENTY-NINTH SUNDAY IN ORDINARY TIME

18th Oct 2026

October is the month of the Holy Rosary

Run in such a way as to get the prize

Dear Friends,

Last weekend I ran the Oysho Royal Parks Half Marathon—a huge event for 18,000 runners. I am not a natural runner, I had to put some effort into training. The first two half marathons I ran, I realised I was not properly prepared because I ran out of steam before the end. This is when the community spirit at these events really kicks in. This time I was going for it, so my training programme was 3 runs a week, and when in Wales, running to the nearest hill, fast climb up, run down and the long way back on the road. In the event I ran all the way and beat my 2 hours 30 minute target.

All this training and preparation made me think of this passage in scripture from St Paul's letter to the Corinthians 9:24-27. "Do you not know that in a race

all the runners compete, but only one will receive the prize? So run that you may obtain it. Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. Well I do not run aimlessly, I do not box as one beating air; but I pommel my body and subdue it, lest after preaching to others I myself should be disqualified".

St Paul is using an athletic metaphor to describe our Christian lives, emphasising the discipline, endurance, and focus required to live faithfully for God. It is therefore important that we put as much effort into preparing ourselves spiritually and living our lives by following Christian values and always being disciples in Christ so that we may win the imperishable wreath—the eternal reward.

Deacon Peter

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Parish Office Opening Times: Mon-Fri 9am-5pm; Sat 9.30am-1pm; Sun 10am-1pm

Parish Priest: Fr Daniel Humphreys

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A parish of the Roman Catholic Diocese of Westminster

FOR OUR PRAYERS THIS WEEK:

The Holy Father's Prayer Intention for October: For mental health ministry. Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

All those who are sick, at home or in hospital, especially Pope Leo. Those who are bereaved. For vocations to the priesthood and consecrated life.

Those who have died: Joyce Bowry, Adelina Musera, Peter McDonald, Brigitte Metz, Pat Hardcastle, Bernard Pereira, Eric Pagaduan, Margaret Flaherty, Theresa Hennessey.

Anniversary of death: Maria Sidoli.

THE LAMPS IN OUR CHURCHES

The lamps burn this week for the following intentions:

Tabernacle (right) Katie Madigan— Birthday

Sacred Heart Chapel: McGoohan Family—Intentions

Our Lady: Mary Murphy—RIP

St George: Marie Coutinho—Healing



PARISH NOTICES

World Mission Sunday: today parishes worldwide celebrate World Mission Sunday. By supporting MISSIO—the Pope's charity for world mission—we stand united as God's global family, in prayer, solidarity and action. The Holy Father has chosen the theme '**One in Christ, united in mission**' to celebrate 100 years of World Mission Sunday and encourages us to unite with missionaries as they strive to reach out with God's love to communities in need. Please pray for the work of mission and give what you can to this vital collection. There will be a second collection after every Mass this weekend.

Civic Service of Thanksgiving with the Mayor of Enfield on Thursday 29th October at 7pm in OLSG. Everyone is welcome and for light refreshments in the Parish Centre afterwards.

Interested in the Catholic Faith? There is still time to join the parish RCIA group which meets on Tuesdays at 7.00pm and on Satur-

day mornings at 11am for people who are unable to take part on Tuesday. If you yourself would like to join the group please speak to one of the priests.

Deacon Peter's Half marathon in aid of CAFOD: it is not too late to sponsor Deacon Peter at:

<https://www.justgiving.com/page/peter-jones-cafod-royal-parks-half>

Confirmation Applications for those in years 9 & 10 for 2026/27: Application forms are now available from the Presbytery. Please note the closing date is Sunday 1st November.

Year of St Francis. Saturday 31st October. We will be visiting St Francis of Assisi Church in Notting Hill. The pilgrimage walk, led by Fr Daniel, takes us from Paddington Station via Kensington Gardens and Bayswater through to Notting Hill. Departure from Enfield Town Station at 11.20am

to Liverpool Street. You can register at the Presbytery or email enfieldoutreach@rcdow.org.uk.

Jubilee Year of St Francis Votive Mass: Thursday 12th November 7pm here at OLSG. Guest celebrant is Fr Emmanuel Mansfield (a Franciscan Friar of the Renewal). This will be followed by a talk about St Francis.

Annual Blessing of the Graves at Lavender Hill and Strayfield Road Cemeteries. This will take place on Saturday 14th November. It begins with Requiem Mass at 1 pm in the chapel at Lavender Hill cemetery—on the right hand side as you enter the cemetery. All are welcome.

Parish Dead list for November. Please do fill in the violet sheets with the names of your departed loved ones and return in the brown envelope, with your donation, to the Presbytery before 1st November. The lists will be placed before the altar and Masses offered for the Holy Souls throughout the month of November.

Bereavement Mass: the monthly Bereavement Mass for October will be on Friday 30th October at 7pm and is followed by light refreshments in the Parish Centre.

Annual Bereavement Mass. The date for this has had to be changed. It will now take place in OLSG on Thursday 26th November at 7 pm. It is followed by a reception in the Parish Centre.

Pilgrimage to Paris and Lisieux. Fr Daniel is away in France from Monday to Saturday this week with 30 pilgrims from the parish. Please pray for them, as they will for you.

Rosary Group: will meet this Wednesday 21st October in the St John Southworth room at 10.30am.

The Sunday Café: is open after the gam and 10.30 am Masses at OLSG and after the 10am Mass in OLW.

St Georges Catholic School Reception Admissions: for children who reach 4 between 1st September 2026 and 31st August 2027. To book a place for the open afternoon please visit the school website.

Nursery admissions: for children born between 1st September 2023 and 31st August 2024. Closing date for applications is 15th January 2027.

Certificates of Catholic Practice. For those applying for Primary School Places (reception & nursery) for 2027. Fr Daniel will be available to discuss this on Sunday 15th November between 3 and 4.30 pm in the Parish Centre.

Book Club: the next meeting is on Friday 6th November in the St John Southworth room at 10am. New members are always welcome to this friendly group. The book being discussed is Brooklyn by Colm Toibin. Contact maryvnewman@btinternet.com.

All Hallows Children's Party: There will be a party in the Parish Centre on Saturday 31st October between 3-4.15pm. The party is to show all that is good, and to counteract the sad secularisation of the eve of All Hallows. Dress as your favourite saint! Parents must accompany their children to the party.

Enfield Deanery Young Adults Retreat: Receive and Respond - Encountering the Father's Love, on Saturday 28th November, 10.30am-5.30pm, at Christ the King, Cockfosters. See poster for details.

Finance: giving by Standing Order. Would you consider donating your offering by Standing Order? If so, the payment details are: **HSBC Bank Plc**, Sort Code: **40-05-20**, a/c no: **21309110** **WRCDT Enfield**. your surname as a reference. Thank you for your generosity.

The Planned Giving Drive begins at OLSG on 31st October.

THE TWENTY-NINTH WEEK IN ORDINARY TIME

Sun 18th Oct + **TWENTY-NINTH SUNDAY IN ORDINARY TIME+ Year A** *Psalter Wk 1*
OLSG: Mass at 8am, 9am (with Children's Liturgy), 10.30am, 12 noon (LS), 6pm
OLW: Mass at 10am

Mon 19th Oct Saint Paul of the Cross, Priest
OLSG: Church cleaning 9.30am, Mass 12 noon (LS)
HFC: Mass 7.30 am, Adoration 4-5pm

Tue 20th Oct Feria
OLSG: Mass 12 noon (LS)
HFC: Mass 7.30am, Adoration 4-5pm

Wed 21st Oct Feria
OLSG: Mass 12 noon (LS)
HFC: Mass 7.30am, Adoration 4-5pm

Thu 22nd Oct Saint John Paul II Pope
OLSG: Mass 12 noon (LS),
Devotions to the Sacred Heart—12.45pm **OLW:** Mass 9.30am.
HFC Adoration 4-5pm

Fri 23rd Oct Saint John of Capistrano, Priest (Day of abstinence)
OLSG: Mass 10 am, Mass 12 noon (LS),

Sat 24th Oct Saint Anthony Mary Claret, Bishop
OLSG: Mass 9.30am, Adoration and Confessions 10-10.45am
Benediction—10.45 am. Adoration and Confessions - 5pm-5.45pm
Mass (of Sunday) 6pm. N.B. **Clocks go back one hour at 2am on Sunday.**

Sun 25th Oct + **THIRTIETH SUNDAY IN ORDINARY TIME—Year A +** *Psalter Wk 2*
OLSG: Mass at 8am, 9am (with Children's Liturgy), 10.30am, 12 noon (LS) 6pm
OLW: Mass at 10am.

KEY
OLSG: Our Lady of Mount Carmel & Saint George, 45 London Road
OLW: Our Lady of Walsingham, Holtwhites Hill, EN2 8HG
HFC: Holy Family Convent, 52 London Road, EN2 6EN
(LS): Mass also live-streamed: www.catholickenfield.org/live-stream/

In OLSG: On weekdays the Rosary and the Litany will usually be said at 11.30am

OLSG church Monday-Friday 7am-6pm; Saturday-Sunday 7am-7pm.
Is open: Morning Prayer at 7.05 on Mon-Weds and 7.30 am on Thurs– Sat
Mass in Polish For information visit www.parafiaenfield.org