

# Our Lady of Mount Carmel & Saint George

## with Our Lady of Walsingham & the English Martyrs, Enfield

Year A

+ First Sunday of Lent+

22nd February  
2026

### Forty Days and Forty Nights

The Holy Season of Lent began four days ago on Ash Wednesday. The ashes were blessed, sprinkled with Holy Water and placed on our heads. The priest or minister said to us 'Repent, and believe in the Gospel' or Remember that you are dust and to dust you shall return'. A stark reminder that one day we will no longer be present physically on this earth. There is nothing quite like a reality check to focus our attention on God!

The first reading this Sunday is taken from Genesis. 'The Lord God formed man from dust and breathed into his nostrils the breath of life'. So Adam and Eve were made from dust. This followed by the temptation of Eve in the garden of Eden to take the forbidden fruit. The serpent was very crafty by gradually talking Eve into this by justifying the actions, making excuses. Sometimes we are good at doing this too—justifying our actions which we know to be wrong. Lent is a time to reset our lives. To simplify our complicated ways of living and focus on God. All major faiths encourage fasting and abstinence as spiritual disci-

plines. This year the Islamic season of Ramadan commences around the same time on the evening of Shrove Tuesday, which is also the Chinese New Year.

We will give up something that we will miss or particularly enjoy. We can put a positive spin on this by combining it with acts of almsgiving. Money saved while fasting can be donated to those in need. There are many excellent Catholic charities that reach out to those in need in this country and the wider community that would benefit from our time and talents. Do consider being generous with your time this Lent.

Fasting, abstinence and almsgiving all bring us closer to God. There is one more thing we need to do, to be truly close to God—prayer. There are opportunities to pray the Stations of the Cross or to join a faith sharing groups. Why not consider praying The Liturgy of The Hours/Divine Office? Ask one of the clergy if you are interested in doing this,. Perhaps spend time in silent prayer?

*With every blessing, Deacon Peter*

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## PLEASE PRAY FOR:

All those who are sick, at home or in hospital. Those who are bereaved. For peace and justice throughout the world. Those preparing for the Easter Sacraments. For a good and holy start to the season of Lent.

**Those who have died:** Clare Funigem, Stanley Andrews, Christalla Onoufriou, Freddie Dobson, Irene Skehill, John Michael Munro, Ian Berry, Terry Morris, Kristine Pourgourides, Hemamala Jay, Raymond Tambini, Denis Murphy, Michael Anwanyu, Giovanni Pertucci, Daniel Sexton and Edward McKenna.

**Anniversary of death:** Carmelina Parla—First anniversary

## THE LAMPS IN OUR CHURCHES

### The lamps burn this week for the following intentions:

Tabernacle (left): The McCleave Family - Healing

Tabernacle (right): Mary Corry RIP—Fourth anniversary

Our Lady's Chapel: Marie Coutinho—healing

Sacred Heart Chapel: Michael Anwanyu—RIP

St George: Angela Carneiro—RIP

Tabernacle OLW: David Exley—RIP



## PARISH NOTICES

**New to the parish?** Welcome to any newcomers. Please make yourselves known to one of the priests or the deacon after Mass. We hope you feel welcome and will find us friendly. If you would like to register with the parish and to consider making a regular donation please contact the Presbytery or visit reception during opening hours, which includes Sunday mornings.

**Youth Group (Lent Sessions):** The Youth Group recommences on Sundays at 7pm for 5 weeks, starting 1st March. Speakers have been invited to share each week on different faith topics. There will be time for discussion and social time. If you are in school year groups 10-13, then you are welcome to attend. Please collect the consent form from the church office or by emailing [enfieldoutreach@rcdow.org.uk](mailto:enfieldoutreach@rcdow.org.uk)

Please return forms by Friday 27th Feb. Thank you.

**The new Archbishop of Westminster, the Most Rev'd Richard Moth,** will be visiting the various areas of the diocese over the coming weeks. We are invited to meet him for Mass at 6.30 pm on Wednesday 4<sup>th</sup> March, at St Paul's Wood Green.

**Stations of the Cross.** These will be prayed during Lent at the following times:

OLW—Wednesdays at 10 am

OLSG—Fridays after the 10 am Mass and at 7.30 pm.

**Lent course—We Dare to Ask.** This course consists of five sessions. It seeks to encourage an appreciation of what is given in Christian Baptism. All are welcome to attend the sessions, which will take place at the following times:

**Thursdays from 7 pm—8 pm (beginning on Thursday 26 February)**

**Fridays from 12.45-1.45pm (beginning on Friday 27 February).**

The sessions will take place in the Challoner Room (behind the Sacristy in OLSG.) There is a course booklet which costs just £5 and will be yours to keep. Please register for the course via the Presbytery. It will be possible to attend either session, if you are unable to commit to the same time each week.

**Parent meeting for Confirmation Candidates.** This has changed from 15<sup>th</sup> March to 8<sup>th</sup> March at 4pm. Please change the date in your diary. It is important for you to be there!

**Confirmation Pilgrimage:** please return your Pilgrimage forms on or before this Wednesday 25<sup>th</sup> of February. **Thank you, Fr Axcel.**

**Passion play.** St Monica's, Palmers Green are delighted to welcome RISE Theatre, a professional Christian theatre company, who will be performing their Passion Play in the Church Large Hall on **Wednesday 11<sup>th</sup> March at 7.30pm** (doors open 7pm). Come and experience the Gospel, particularly the events of Holy Week. Performance lasts approximately 60 minutes and is suitable for adults and children 11+. For tickets (£10, cons £8) please contact the parish office, visit [www.ticketsource.co.uk/risetheatre](http://www.ticketsource.co.uk/risetheatre) or call Anna on 07532 374291 at St Monica's. Why not make this one of your prayer devotions this Lent?

**CAFOD FAMILY FAST DAY:** Friday 27<sup>th</sup> February. Please take home a CAFOD donation envelope this weekend and pray for the overseas communities CAFOD work alongside. Fast, if you can, this Friday. Perhaps go without your takeaway and donate the money instead. Your donations can help families around the world grow food in difficult conditions. Please return the envelope next weekend Sunday 1<sup>st</sup> March

when there will be an appeal and collection at all Masses. You can also give online at [cafod.org.uk](http://cafod.org.uk) or use the QR code to take you there. Thank you.

**Brass Band Concert with the Potters Bar Town Band.** We will welcome this excellent brass band back to OLSG on Saturday 28<sup>th</sup> February at 7.30 pm for a concert entitled 'From Grace to Glory'. Tickets (£10 including interval refreshments).

**Inclusive Mass.** The next one of these Masses, open to all but with a special invitation to those with learning disabilities and their families and friends, will take place at OLSG at 3pm on Saturday 7<sup>th</sup> March. Mass is followed by tea and cakes in the Challoner Room.

**Food bank:** Non-perishable items can be left in the porch next weekend. 28<sup>th</sup> February/1<sup>st</sup> March. Thank you

**Rosary Group:** will meet in the Challoner room on 25<sup>th</sup> February at 10.30am. All are welcome.

**Westminster Diocesan Pilgrimage to Lourdes 17<sup>th</sup> – 24<sup>th</sup> July 2026.** Registration is now open at <https://pilgrimages.rcdow.org.uk/registration-form/> or via the Pilgrimage Office on 0207 798 9173. If you would like to sponsor or fundraise for an Assisted Pilgrim, member of the medical team or volunteer then please also contact the Pilgrimage Office for further details. Please note that this is not run from this parish, contact the above for details.

**FINANCE: Giving by Standing Order.** Would you consider donating your offering by Standing Order? If so, the payment details are: **HSBC Bank Plc**, Sort Code: **40-05-20**, a/c no: **21309110 WRCDT Enfield** your surname as reference. Please email us to let us know: [enfieldgac@rcdow.org.uk](mailto:enfieldgac@rcdow.org.uk)

To watch live-stream (LS): [www.catholickenfield.org/live-stream/](http://www.catholickenfield.org/live-stream/)  
**LITURGY, CONFESSION & MASSTIMES**

**Sun 22nd Feb + First Sunday of Lent + Year A** *Psalter week 1*  
**OLSG:** Mass 8am, 9am (no Children's Liturgy), 10.30am, 12 noon (LS), 6pm.  
Baptism at 1.30 pm **OLW:** Mass at 10am

**Mon 23rd Feb** Lent Feria (St Polycarp, BMr)  
**OLSG:** Church cleaning at 9.30 am: Funeral for Kristine Pourgourides RIP  
Mass 12 noon (LS)  
**HFC:** Mass 7.30am, Adoration 4-5pm

**Tue 24th Feb** Lent Feria  
**OLSG:** Mass 12 noon (LS)  
**HFC:** Mass 7.30am and Adoration 4-5pm

**Wed 25th Feb** Lent Feria  
**OLSG** Mass 12 noon (LS), Funeral Service for Raymond Tambini RIP 1pm  
**HFC:** Mass 7.30am, Adoration 4- 5pm. **OLW:** Stations of the Cross - 10 am

**Thu 26th Feb** Lent Feria  
**OLSG:** Mass 12 noon (LS)  
Prayer to the Sacred Heart 3pm-4pm. **HFC:** Adoration 4-5pm

**Fri 27th Feb** Lent Feria (St Gregory of Narek, AbDr)  
**OLSG:** Mass 10am—followed by Stations of the Cross, Funeral Mass  
for Edward McKenna RIP 12 noon (LS). Bereavement Mass 7pm—  
followed by Stations of the Cross. **OLW** Funeral Mass for Ian Berry RIP - 1pm

**Sat 28th Feb** Lent Feria  
**OLSG:** Mass 9.30am. Adoration and Confessions 10-10.45am  
Benediction 10.45-am.  
Adoration and Confessions 5-5.45 pm. Mass (of Sunday) **OLSG** 6pm

**Sun 1st March + Second Sunday of Lent + Year A +** *Psalter week 2*  
**OLSG:** Mass 8am, 9am ( Children's Liturgy) 10.30am, 12 noon (LS), 6pm.  
**OLW:** Mass at 10am

**KEY**

**OLSG:** Our Lady of Mount Carmel & Saint George, 45 London Road, EN2 6DS  
**OLW:** Our Lady of Walsingham, Holtwhites Hill, EN2 8HG  
**HFC:** Holy Family Convent, 52 London Road, EN2 6EN  
**(LS):** Mass also live-streamed: [www.catholickenfield.org/live-stream/](http://www.catholickenfield.org/live-stream/)

**In OLSG:** On weekdays the Rosary and the Litany will usually be said at 11.30am

**OLSG church is open:** Monday-Friday 7am-6pm; Saturday-Sunday 7am-7pm. Morning Prayer at 7.05 am—Mon-Wed and 7.30 am on Fri and Sat. All welcome.

**Mass in Polish:** For information visit [www.parafiaenfield.org](http://www.parafiaenfield.org)