

# Our Lady of Mount Carmel & Saint George

## with Our Lady of Walsingham & the English Martyrs, Enfield

Year A

+ The Sixth Sunday in Ordinary Time+  
February is the Month of the Holy Family

15th February  
2026

### Crystal Clear for Lent

In this Sunday's Gospel (be it long or short), Jesus makes a point about clarity. 'Let what you say be simply 'Yes' or 'No'; anything more than this comes from evil.' The point is, I think, that the Commandments have a noble simplicity and clarity to them. We are to observe them carefully, walking in the law of the Lord at all times. If we seek to be just and true then God will be with us, as the Opening Prayer explains. It is a simple, yet profound thought.

This clear teaching is helpful as we make final preparations for the holy season of Lent, which begins this coming Wednesday. Lent is a time of preparation for Holy Week and Easter. We use the first 5 or so weeks as well as we can, so that, by the time we reach Holy Week, we are truly with the Lord and able, by his gracious gift, to walk to the Cross and then worthily and heartily celebrate his rising from the dead. Lent, in this understanding, is a journey up to Jerusalem.

At the same time, we can also use the days of Lent to grow closer to the Lord, by simplifying our lifestyles and discarding habits which contradict the baptismal character

that we have received. This character is holy, pure and always focussed on the things of the Spirit. We can use the days of Lent to reflect upon, and work at, putting aside all that prevents us becoming the people that God would have us be. Let's pray for one another at this holy time as, together, we seek the Kingdom of God and its righteousness. May our Lenten promises be a distinct 'Yes' to Christ and to his way of peace, justice and reconciliation.

### A prayer for Lent:

Grant, O Lord, that we may begin with holy fasting this campaign of Christian Service, so that, as we take up battle against spiritual evils, we may be armed with weapons of self-restraint. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. Amen

*With my prayers and good wishes for a holy and fruitful Lent for all, Fr Daniel*

45 London Road, Enfield, EN2 6DS

**Phone:** (020) 8363 2569 **Email:** [enfield@rcdow.org.uk](mailto:enfield@rcdow.org.uk) **Web:** [www.catholichenfield.org](http://www.catholichenfield.org)

**Parish Office Opening Times:** Mon-Fri 9am-5pm; Sat 9.30am-1pm; Sun 10am-1pm

**Parish Priest:** Fr Daniel Humphreys **Assistant Priest:** Fr Axcel Soriano

**Deacon:** Rev. Peter Jones email: [peterjones@rcdow.org.uk](mailto:peterjones@rcdow.org.uk)

**Parish Administrator:** Bernie Hipwell email: [bernadettehipwell@rcdow.org.uk](mailto:bernadettehipwell@rcdow.org.uk)

**Catechetical Enquiries:** email: [enfieldcat@rcdow.org.uk](mailto:enfieldcat@rcdow.org.uk)

**Outreach Worker:** Una Daly email: [enfieldoutreach@rcdow.org.uk](mailto:enfieldoutreach@rcdow.org.uk)

**Parish Safeguarding Rep:** Deborah Thompson email: [enfieldsg1@safeguardrcdow.org.uk](mailto:enfieldsg1@safeguardrcdow.org.uk)

Samantha Seth email: [enfieldsg2@safeguardrcdow.org.uk](mailto:enfieldsg2@safeguardrcdow.org.uk)

## PLEASE PRAY FOR:

All those who are sick, at home or in hospital. Those who are bereaved. For peace and justice throughout the world. For Archbishop Richard Moth and his intentions. For a good and holy start to the season of Lent.

**Those who have died:** Freddie Dobson, Irene Skehill, John Michael Munro, Ian Berry, Terry Morris, Kristine Pourgourides, Peter Power, Hemamala Jay, Raisa Kasperaviciute, Raymond Tambini, Denis Murphy, Michael Anwanyu, Rudolf Lacquiere and Edward McKenna.

**Anniversary of death:** Bruna Lavrich and Christine Twomey.

## THE LAMPS IN OUR CHURCHES

**The lamps burn this week for the following intentions:**

Tabernacle (left): Sarah Maja—Thanksgiving

Tabernacle (Right): Marie Coutinho—Healing

Our Lady's Chapel: Giovanna Zavaeno

Sacred Heart Chapel: Terry Morris—RIP

St George: Hector Isaac Murisho—Intentions



## PARISH NOTICES

**New to the parish?** Welcome to any newcomers. Please make yourselves known to one of the priests or the deacon after Mass. We hope you feel welcome and will find us friendly. If you would like to register with the parish and to consider making a regular donation please contact the Presbytery or visit reception during opening hours, which includes Sunday mornings.

**The new Archbishop of Westminster, the Most Rev'd Richard Moth,** will be visiting the various areas of the diocese over the coming weeks. We are invited to meet him for Mass at 6.30 pm on Wednesday 4<sup>th</sup> March, at St Paul's Wood Green.

**Lent begins this Wednesday 18 February, Ash Wednesday.** Masses at 7.30 am (Convent), 10 am (OLW), 12 noon and 7 pm (sung) at OLSG. Ashes distributed at all Masses.

**Knights of St Columba.** This Sunday we

welcome the Knights to the 12 noon Mass. During the Mass the officers for the local Council will be installed.

**Stations of the Cross.** These will be prayed during Lent at the following times:

OLW—Wednesdays at 10 am

OLSG—Fridays after the 10 am Mass and at 7.30 pm.

**Lent course—We Dare to Ask.** This course consists of five sessions. It seeks to encourage an appreciation of what is given in Christian Baptism. All are welcome to attend the sessions, which will take place at the following times:

**Thursdays from 7 pm—8 pm (beginning on Thursday 26 February)**

**Fridays from 12.45-1.45pm (beginning on Friday 27 February).**

The sessions will take place in the Challoner Room (behind the Sacristy in OLSG.) There is a course booklet which costs just £5 and will be yours to keep.

Please register for the course via the Presbytery. It will be possible to attend either session, if you are unable to commit to the same time each week.

**The popular 'Walk with Me' Lenten booklets** are available for purchase in the Repository. There are other Lenten resources for sale there, including the 'Stations of the Cross.'

**Parent meeting for Confirmation Candidates.** This has changed from 15<sup>th</sup> March to 8<sup>th</sup> March at 4pm. Please change the date in your diary. It is important for you to be there!

**Confirmation Pilgrimage:** please return your forms as soon as possible. **Thank you, Fr Axel.**

**Coffee Mornings:** there are the usual Coffee Mornings after 9am and 10.30am Mass this Sunday in OLSG and after 10am Mass in OLW.

**Brass Band Concert with the Potters Bar Town Band.** We will welcome this excellent brass band back to OLSG on Saturday 28<sup>th</sup> February at 7.30 pm for a concert entitled 'From Grace to Glory'. Tickets (£10 including interval refreshments).

**Inclusive Mass.** The next one of these Masses, open to all but with a special invitation to those with learning disabilities and their families and friends, will take place at OLSG at 3pm on Saturday 7th March. Mass is followed by tea and cakes in the Challoner Room.

**Mount Carmel Ladies Group** will meet on Thursday 19th February for an afternoon with painter Linda Clarke at 12:45pm in the Parish Centre. Usual raffle. All Welcome.

**Rosary Group:** will meet in the Challoner room on 25<sup>th</sup> February at 10.30am. All are welcome.

**Westminster Diocesan Pilgrimage to Lourdes 17<sup>th</sup> – 24<sup>th</sup> July 2026.** Registration is now open at <https://pilgrimages.rcdow.org.uk/registration-form/>

or via the Pilgrimage Office on 0207 798 9173. If you would like to sponsor or fundraise for an Assisted Pilgrim, member of the medical team or volunteer then please also contact the Pilgrimage Office for further details. Please note that this is not run from this parish, contact the above for details.

**We are looking to buy a set of new green vestments – chasuble and dalmatic - for use on many Sundays throughout the Church year.** If any parishioner would like to assist with this purchase please contact Fr Daniel, or take an envelope in the church porch. Thank you for your kind donations and offers thus far, there will be an update soon. Sincere thanks to those who have contributed to this appeal. More information soon. Fr Daniel.

**FINANCE: Giving by Standing Order.** Would you consider donating your offering by Standing Order? If so, the payment details are: **HSBC Bank Plc, Sort Code: 40-05-20,**

**a/c no: 21309110 WRCDT Enfield;** your surname as reference. Please email us to let us know: [enfieldgac@rcdow.org.uk](mailto:enfieldgac@rcdow.org.uk)

**Thank you for your generosity.**

**To Donate to the Parish or to Gift Aid your Donation** please visit our Diocesan website: <https://parish.rcdow.org.uk/enfield/donate/>. **Payers — please gift aid your donations, at no cost to yourselves. Ask at the Presbytery for a form.**

**Planned Giving Drive at OLW—the first three Sundays of March.**

**CAR PARKING AT OLSG:** Please enter your car registration if you visit the church and/or the Presbytery, Monday to Saturday.

**Please ONLY park in the marked bays.**

**To watch live-stream (LS): [www.catholichenfield.org/live-stream/](http://www.catholichenfield.org/live-stream/)  
LITURGY, CONFESSION & MASSTIMES**

**Sun 15th Feb** +Sixth Sunday in Ordinary Time + Year A *Psalter week 2*  
**OLSG:** Mass 8am, 9am (no Children's Liturgy), 10.30am, 12 noon (LS), 6pm.  
Baptism at 1.30 pm **OLW:** Mass at 10am

**Mon 16th Feb** Feria  
**OLSG:** Church cleaning at 9.30 am: Mass 12 noon (LS)  
**HFC:** Mass 7.30am , Adoration 4-5pm

**Tue 17th Feb** The Seven Holy Founders of the Servite Order  
**OLSG:** Mass 12 noon (LS)  
**HFC:** Mass 7.30am and Adoration 4-5pm

**Wed 18th Feb** Ash Wednesday  
**OLSG:** Mass 12 noon (LS) , Sung Mass 7pm. **OLW:** Mass 10 am  
**HFC:** Mass 7.30am, Adoration 4- 5pm

**Thu 19th Feb** Lent Feria  
**OLSG:** Mass 12 noon (LS)  
Prayer to the Sacred Heart 3pm-4pm. **HFC:** Adoration 4-5pm  
**OLW:** Mass 9.30am

**Fri 20th Feb** Lent Feria  
**OLSG:** Mass 10am—followed by Stations of the Cross, Mass 12 noon (LS)  
7.30 pm—Stations of the Cross

**Sat 21st Feb** Lent Feria  
**OLSG:** Mass 9.30am. Adoration and Confessions 10-10.45am  
Benediction 10.45-am.  
Adoration and Confessions 5-5.45 pm. Mass (of Sunday) **OLSG** 6pm

**Sun 22nd Feb** + First Sunday of Lent + Year A + *Psalter week 1*  
**OLSG:** Mass 8am, 9am (no Children's Liturgy) 10.30am, 12 noon (LS), 6pm.  
**OLW:** Mass at 10am

**KEY**  
**OLSG:** Our Lady of Mount Carmel & Saint George, 45 London Road, EN2 6DS  
**OLW:** Our Lady of Walsingham, Holtwhites Hill, EN2 8HG  
**HFC:** Holy Family Convent, 52 London Road, EN2 6EN  
**(LS):** Mass also live-streamed: [www.catholichenfield.org/live-stream/](http://www.catholichenfield.org/live-stream/)

**In OLSG:** On weekdays the Rosary and the Litany will usually be said at 11.30am

**OLSG church** Monday-Friday 7am-6pm; Saturday-Sunday 7am-7pm. Morning Prayer at is open: 7.05 am—Mon-Wed and 7.30 am on Thurs, Fri and Sat. All welcome.

**Mass in Polish:** For information visit [www.parafiaenfield.org](http://www.parafiaenfield.org)