



A Weekend in the Cenacle
~A Parish Retreat~

**Our Lady of Mount Carmel & St
George, Enfield**

**Friday 21st March –
Sunday 23rd March 2025**

A Weekend in the Cenacle

The gathering of the 2005 General Assembly of the Synod of Bishops concluded with the following statement, "The Christian faithful need a fuller understanding of the relationship between the Eucharist and their daily lives. Eucharistic spirituality is not just participation in Mass and devotion to the Blessed Sacrament. It embraces the whole of life."

Twenty years later, and the Congregation of the Blessed Sacrament continues to respond to this invitation to bring the reign of God in the Holy Eucharist to a fuller and richer appreciation in our lives.

The Congregation was founded by St. Peter Julian Eymard - designated by successive Popes as both the 'Friend' and the 'Apostle' of the Holy Eucharist - in Paris during the spring of 1856. Since then Fr. Eymard's desire "to spread the fire of the Eucharist to the four corners of the earth" continues to be its inspiration, serving twenty-nine countries and in our own islands operational in Dublin, Glasgow and Liverpool.

As a member of the Congregation of the Blessed Sacrament I encourage you to respond to an invitation to participate in a weekend retreat that I will be offering in your parish, commencing on the evening of **Friday 21st and concluding on the afternoon of Sunday 23rd March 2025**. You will have the opportunity to explore the scripture, spirituality, and practices of Eucharistic life, as well as have the opportunity to pray and worship with fellow participants. Please receive this invitation in a manner that speaks to you: perhaps you are intrigued or know that a retreat weekend is just what you need; you may sense that you want a renewal in the importance of the Eucharist in your life and what to do about it. Whatever your motivation, I am looking forward to spending this time with you, getting to know you, and offering this Eucharistic Retreat during Lent this year. Thank you.

Rev. Fr. Darren Maslen SSS.

Fr. Darren is a member of the Congregation of the Blessed Sacrament and is currently based at the Blessed Sacrament Shrine in Liverpool. He undertakes teaching assignments in India, Sri Lanka, and U.S.A., as well as directing the Congregation's lay apostolate in the U.K. - Life in the Eucharist. He holds degrees in theology from the U.K and U.S.A. and a doctorate in practical theology- specialising in the Eucharistic charism of St. Peter Julian Eymard.

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Programme Outline

Includes Daily Mass, Adoration and Six Retreat Talks over the weekend

Friday 21st March:

6.30pm Mass

7pm-9pm Welcome and Retreat talks

[I] Introducing St. Peter Julian Eymard - The Apostle of the Eucharist

[II] Entering the Cenacle through Scripture

Saturday 22nd March:

9.30am Mass

10-11am Adoration and Benediction

11am-12:45pm [III] "Read the Acts of the Apostles": The Eucharist and Society

Lunch break

1.45-3.30pm [IV] "Be an Apostle of the Holy Eucharist"

Sunday 23rd March:

10am-12pm [V] Being recollected in God- A life gathered up in the Eucharist

12pm Mass

Lunch break

2-3.30pm [VI] The Gift of Self- our response as Eucharistic People

4-4:45pm Adoration with Benediction

Teas/coffees provided. Please bring your own lunch. Donations welcomed.

Registration required. To register, please email enfieldoutreach@rcdow.org.uk or contact the Parish Office (020) 8363 2569