

Our Lady of Mount Carmel & Saint George

with Our Lady of Walsingham & the English Martyrs

A parish of the Roman Catholic Diocese of Westminster

Year C

+ THE FIRST SUNDAY OF LENT

9th March 2025

The Pilgrim's Progress.

Last week I found in my room a box I had not opened since I moved into OLSG, in it was a book given to me by a very good friend of mine when I was in seminary.

He is married now with his first child. He would always come to me for advice and a game of backgammon when we couldn't study anymore.

One day I felt the pressure of seminary because it was my last year before I became a deacon. Many things were changing and I felt like there was a big burden I was carrying on my own. In fact he would make fun of me because I had the biggest rucksack and carry it never letting it down when we went to our Studies.

In one of these backgammon matches he said, 'I have a present for you'. It was a children's book. I thought he was making fun of me but he said to me "My brother, when I was a kid my dad would read this to me especially when I was afraid" it's called Pilgrim's Progress." I want you to have it. I thought it was a joke, but I decided to take it and one day I found that in that children's book there was a depth of wisdom. It was

about a man carrying a burden and at some point realising that his burden can come off because he has been redeemed. He faces many obstacles and many people that want him to live a mediocre life and not to seek the celestial city.

That book helped me because it helped a friend. How can you help a friend this Lent? Not just a friend, but someone God puts in your life. This friend and I came from totally different backgrounds and we got on each others nerves at first but through understanding that Christ has the power to save us both and heal our baggage like the main character of "**the Pilgrim's Progress**", he has the power to do the same in your life too.

St Paul says in the second letter to the Corinthians: *'In a favourable time I listened to you, and in a day of salvation I have helped you.'* **Behold, now is the favourable time; behold, now is the day of salvation.**

I pray you all may have a good Lent Journey and see what call God is making in your life. I hope that it is the call to follow him as a disciple who knows the Master's voice.

God bless and a Happy Lent Fr Axel.

Phone: (020) 8363 2569 Email: enfield@rcdow.org.uk Web: www.catholicenfield.org

Parish Office Opening Times: Mon-Fri 9am-5pm; Sat 9.30am-1pm; Sun 10am-1pm

Parish Priest: Fr Daniel Humphreys

Assistant Priest: Fr Axel Soriano

Deacon: Rev. Peter Jones email: peterjones@rcdow.org.uk

Catechetical Enquiries: email: enfieldcat@rcdow.org.uk

Outreach Worker: Una Daly email: enfieldoutreach@rcdow.org.uk

Parish Safeguarding Rep: Deborah Thompson email: enfieldsg@safeguardrcdow.org.uk

Samantha Seth email: enfieldsg2@safeguardrcdow.org.uk

PLEASE PRAY FOR:

The sick & housebound: Pope Francis, Dennis Cox, Carol Cormack, Nitsa Kozinos, Rose Kozinos and John Egan.

Those who have died: Joan Burke, John Munday, Irene Roberto, David Exley, Vincent Bennett, Kib Eveland, Marie Haroutunian, Len Robinson and Lucille Davis.

Anniversaries at this time: Carmine Argenza, George Price.

THE LAMPS IN OUR CHURCHES

This week the lamp:

by the Tabernacle (left side) burns for Joseph Mariyanayagam –Rest in Peace

by the Tabernacle (right side) burns for Marie Coutinho—healing

by Our Lady's Chapel burns for Joseph & Mary Mensah—travelling

by the Sacred Heart Chapel burns for Brian Casey—Rest in Peace

by the Tabernacle at OLW burns for The Holy Father, Pope Francis—healing



PARISH NOTICES-

Brass Band Concert. Sincere thanks to the Potters Bar Town Band for the great concert last Saturday evening. It was much enjoyed by those who attended. The grand total of £1300 was raised in aid of the Parish Centre project. This was a super effort. Special thanks to the newly formed Social Committee, and other helpers, for their hard work in organising this event. There will be more events in the future. Watch this space.

Mass on Tuesday in OLSG. Due to the deanery meeting on Tuesday 11 March the Mass that day in OLSG will be at 9.30 am.

Rosary by the Fountain. This Thursday, 13th March, at 7 pm by the fountain in Enfield Town. Parishioners gather with the clergy to pray the Holy Rosary (the mysteries of light on this occasion). Why not take this on for Lent?

Lent Course, 'We Dare To Hope. Five-week course on the theme of Christian Hope. Five Fridays in Lent after 12 noon Mass to 2pm in the Challoner room. We welcome a donation of £5 to cover the cost of the book. All welcome, please bring your own (simple) lunch.

Lent retreat—A Weekend in the Cenacle—21-23 March in the Parish Centre. As already

advertised, Fr Darren Maslen SSS will join us for a weekend of teaching and prayer connected with the Eucharist. Places still available. As I mentioned at Mass last weekend, if you can't make all the sessions due to childcare or work commitments (for example) please do sign up. It will be well worth your while.

Contact enfieldoutreach@rcdow.org.uk to book your place.

CAFOD Family Fast Day is this Friday 14th March. Please take home a CAFOD donation envelope this weekend and pray for the communities CAFOD works alongside overseas agencies on our behalf. Do please fast if you can this Friday. Perhaps go without take away Fish and Chips or Curry and donate what you have saved towards CAFOD's work with our Global Family. Please return the envelope next weekend Sunday 16th March when there will be an appeal and collection at all Masses. You can also give online at cafod.org.uk

Please pray for those preparing to be baptized and confirmed at Easter—they have attended the Rite of Election this weekend.

Young adults (18-35) are invited to an Enfield Deanery gathering on Friday 14th March, 7-9pm at St Monica's, Palmers Green (N13 4DJ). Note the time is earlier as we will join the Lent Stations of the Cross (7pm), followed by Mass at 7.30pm, then move to the Newman Room for reflection, discussion and social time.

Email annamcmullan@rcdow.org.uk or speak to your priest. We look forward to seeing you.

This Saturday—A Day with Mary - Saturday, 15th March at OLSG. The day begins at 9.30am with procession and crowning of the statue and Mass. We are looking forward to welcoming the 'Day with Mary' organizers, and many visitors to Enfield. Please note that there will be ample opportunity to make your confession during the day. All welcome.

Jubilee news—To celebrate the Jubilee Year and the 1700th anniversary of the Council of Nicaea, the Diocesan Seminary at Allen Hall is to host a series of talks on 'Exploring the Theological Virtue of Hope and its Relation to the Nicene Creed'.

**Saturday 22nd March (in Lent):
Consubstantial with the Father – 'Christ our Hope'**

The talks are open to anyone. However, because of available space, numbers will be limited to around 50. You are welcome to come just for the talk. To reserve a place for the talks, kindly email Monica Ruiz Herrera at parector@rcdow.org.uk by the Wednesday before the talk at the latest.

Join CAFOD's Big Lent Walk in the Jubilee Year. You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Sign up here: <https://walk.cafod.org.uk/>

Baptisms. There are no infant baptisms during Lent this year, as we prepare for the great season of Baptism and new life which is Easter. I would like to thank Helena McGoohan who looks after all the administration of baptisms and also the team of welcomers who greet the families and make them feel at home on the day. Thanks also to Suzanne Randell who produces the lovely certificates We are most grateful for your generous contributions to the life of the parish.

FINANCE

Giving by Standing Order. Would you consider donating your offering by Standing Order? If so, the payment details are: **HSBC Bank Plc**, Sort Code: **40-05-20**, a/c no: **21309110** a/c name: **WRCDT Enfield**; your surname as reference. Please email us to let us know: enfieldgac@rcdow.org.uk

To Donate to the Parish or to Gift Aid your Donation please visit our Diocesan website:

<https://parish.rcdow.org.uk/enfield/donate/>

Contactless Giving Device in the Church Porch of OLSG. Thank you for all your donations to the parish. I would like to take this opportunity to thank Mary and Jessica who do so much unseen work in processing the Gift Aid claims and the envelopes.

Those who give by envelopes—your new boxes are available for collection from the Presbytery. Thank you for your support.

Fr Daniel (temporary editor)

CAR PARKING AT OLSG - Please will those parking in order to visit the church and the presbytery remember to enter their registration number Monday to Saturday. It is essential to do this & to double check with yourself that this has been done. The parish can only request cancellation of a Parking Charge Notice (PCN) in exceptional circumstances. Fr Daniel

To watch live-stream (LS): www.catholicenfield.org/live-stream/

LITURGY, CONFESSION & MASS TIMES

Sun 9th Mar + **THE FIRST SUNDAY OF LENT** *Ps Wk 1*
Deut 26:4-10; Romans 10:8-13; Luke 4:1-13
OLSG: Mass 8am, 9am, 10.30am, 12 noon (LS), 6pm
OLW: Mass 10am

Mon 10th Mar Lent Feria
HFC: Mass 8am. Adoration of the Blessed Sacrament 7-8pm
OLSG: Church cleaning 10am, Mass 12 noon (LS)

Tues 11th Mar Lent Feria
HFC: Mass 8am. Adoration of the Blessed Sacrament 7-8pm
OLSG: Mass 9.30 am (LS)

Wed 12th Mar Lent Feria
HFC: Mass 8am. Adoration of the Blessed Sacrament 7-8pm
OLSG: Mass 12 noon (LS) **OLW:** Stations of the Cross 10 am

Thur 13th Mar Lent Feria
OLW: Mass 9.30am
OLSG: Mass 12 noon (LS), Prayer to the Sacred Heart 3pm-4pm
HFC: Adoration of the Blessed Sacrament 4-5pm. Rosary at the fountain 7pm

Fri 14th Mar Lent Feria **Friday abstinence**
OLSG: Mass 10am (followed by Stations of the Cross), 12 noon
Stations of the Cross 7.30pm

Sat 15th Mar Lent Feria—**A Day with Mary**
OLSG: Procession & Crowning of Our Lady at 9.30am followed by Sung
Mass. Confessions throughout the day.
5 pm—5.45 pm—Confessions. 6 pm—Mass

Sun 16th Mar + **THE SECOND SUNDAY OF LENT** *Ps Wk 2*
Gen:15:5-12, 17-18;; Phil 3:17-4:1; Luke 9:28b-36
OLSG: Mass 8am, 9am, 10.30am, 12 noon (LS). Mass 6pm
OLW: Mass 10am

KEY: **OLSG:** Our Lady of Mount Carmel & Saint George, 45 London Road, EN2 6DS
OLW: Our Lady of Walsingham, Holtwhites Hill, EN2 8HG
HFC: Holy Family Convent, 52 London Road, EN2 6EN
(LS): Mass also live-streamed: www.catholicenfield.org/live-stream/

In OLSG: On weekdays the Rosary and the Litany will usually be said at 11.30am .

OLSG church **Monday-Friday 7am-6pm; Saturday-Sunday 7am-7pm**
Morning Prayer at 7.30 am Monday—Saturday

Mass in Polish: For information visit www.parafiaenfield.org