

# Our Lady of Mount Carmel & Saint George

with Our Lady of Walsingham & the English Martyrs

A parish of the Roman Catholic Diocese of Westminster

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Year C

+ EIGHTH SUNDAY IN ORDINARY TIME

2nd March 2025

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## Keeping a good Lent

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Lent arrives, at long last, this week. This makes me sound like I have been longing for Lent. That is not quite the case, but it does seem to have taken its time arriving this year. The lightness of the mornings and the evenings remind us that the etymology of the word 'Lent' has much to do with the lengthening of the days, and so we are witnessing them doing just that.

What will we do with this Lent? Each Lent is new to us, an opportunity to be renewed and to prepare ourselves carefully and prayerfully for the great celebration of Holy Week and Easter. We are to do so diligently and with an awareness of our need to repent and once again believe the Good News.

I will take this opportunity to suggest some ways that both corporately and individually we can keep a good Lent. Firstly, we have a new initiative which I hope you will feel able to support. And I admit that it is a commitment and it does ask something of us. But is that a bad thing? This is the weekend retreat (21-23 March) in the Parish Centre. The weekend in the Cenacle (Upper Room) will be a time of prayer and study as we recall

and rejoice that we are a people of the Eucharist. I make this appeal particularly to the Extraordinary Ministers of Holy Communion. Please would you make a priority of this. I look forward to seeing you all there.

Morning Prayer is offered each weekday (including Saturdays) in OLSG at 7.30 am. Perhaps you might make a commitment to join the clergy each day, or on certain days.

Daily Mass continues as usual, but Lent may well be a time when we make an extra effort to attend a Mass on a weekday.

Stations of the Cross. These will be prayed each Friday in OLSG at 10.30 am and 7.30 pm and in OLW on Wednesdays at 10am.

Lent Course—'We dare to Hope.' This will take place each Friday after the 12 noon Mass at OLSG. The course has been devised by a Dominican Sister and it looks wonderful and most thought provoking in this Year of Hope—2025. So there we are, just a few things to whet our appetites for the Holy Fast of Lent. This comes with my prayers and all good wishes for Lent; may it be a blessed time for us all. Fr Daniel

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**Parish Office Opening Times:** Mon-Fri 9am-5pm; Sat 9.30am-1pm; Sun 10am-1pm

**Parish Priest:** Fr Daniel Humphreys

**Assistant Priest:** Fr Axel Soriano

**Deacon:** Rev. Peter Jones email: [peterjones@rcdow.org.uk](mailto:peterjones@rcdow.org.uk)

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## PLEASE PRAY FOR:

**The sick & housebound:** Dennis Cox, Carol Cormack, Nitsa Kozinos, Rose Kozinos, Carol Crosbie, Maureen Waldron, Vera Brunt and John Egan.

**Those who have died:** Joan Burke, Sister Mary Paul, Vincent Bennett, Kib Eveland, Len Robinson and Lucille Davis.

**Anniversaries at this time:** Mary Corry, George Price, Helen Sullivan, Mick Sullivan and Anastasia Evans.

## THE LAMPS IN OUR CHURCHES

### This week the lamp:

by the Tabernacle (left side) burns for Marie Coutinho (healing)

by the Tabernacle (right side) burns for Maria Angela Carneiro—Rest in Peace

by Our Lady's Chapel burns for Michael Eze—Happy Birthday

by the Sacred Heart Chapel burns for George Price—Rest in Peace (anniversary)

by the Tabernacle at OLW burns for Tony Di Monaco - Rest in Peace (1st anniversary)



## PARISH NOTICES-

**The Friends of the Holy Land (FHL)** is a national charity helping vulnerable Christians in the Holy Land. Last weekend, their CEO, Mr Brendan Metcalfe made an appeal for financial and prayerful support. As usual, Enfield parish responded with great generosity. At the time of writing, the sum of £4331.98 has been collected to support the work of FHL. Brendan has sent us his thanks. For more details email [office@friendsoftheholylan.org.uk](mailto:office@friendsoftheholylan.org.uk) Tel. 01926 512980 or visit their website [www.friendsoftheholylan.org.uk](http://www.friendsoftheholylan.org.uk)

**North Enfield Foodbank Collection this weekend, 1st/2nd March.** The most needed items are: carrier bags, long life milk, long life juice, squash, tinned fruit, tinned meat, tinned tomatoes, pasta sauce, tinned rice pudding, custard, jam, spreads, coffee & hot chocolate. **Mass at OLW church every Thursday in February and March at 9.30 am.** All welcome.

**Adoration on the First Friday of the month, 7th March, 6-7 pm at OLSG.** Adoration, during which confessions will be heard, concludes with Benediction. All welcome.

**Inclusive Mass**, which is especially suitable for

those with Special Education Needs and their families, will take place in OLSG this **Saturday 8th March at 3 pm.** All are welcome.

**Lent Course, 'We Dare To Hope.'** Five-week course on the theme of Christian Hope. Five Fridays in Lent after 12 noon Mass to 2pm in the Challoner room. The first session is on Friday 7th March. We welcome a donation of £5 to cover the cost of the book. To attend, please add your name to the list in the presbytery.

**The Repository. The Magnificat booklet** is a monthly publication designed for daily use, to encourage both liturgical and personal prayer. It can be used to follow daily Mass and can also be read at home or wherever you find yourself for personal or family prayer. **The March edition is available** to purchase from the repository and includes a Lenten companion, £6.50. Also available are the **Walk with Me booklets**, for the Lenten journey of daily meditation & prayer for individual use, edited by Cardinal Vincent, £1.

**Lay Fraternity of St Charles De Foucauld.** All are welcome to join us on Tuesday 4th March in the Challoner Room from 10.15 am-11.45am. Entry via the Presbytery.

**A Day with Mary** - Saturday, 15th March at OLSG. The day begins at 9.30am with procession and crowning of the statue and Mass. Please see the poster & leaflets for details. We are looking forward to welcoming the 'Day with Mary' organizers, and many visitors to Enfield. Please note that there will be ample opportunity to make your confession during the day. All welcome.

**Mount Carmel Ladies Group** will meet on Thursday 6th March from 12:45 in the Parish Centre, for an afternoon on antiques and collectables with our usual raffle.

### **-FINANCE-**

**Giving by Standing Order.** Would you consider donating your offering by Standing Order? If so, the payment details are: **HSBC Bank Plc**, Sort Code: **40-05-20**, a/c no: **21309110** a/c name: **WRCDT Enfield**; your surname as reference. Please email us to let us know: [enfieldgac@rcdow.org.uk](mailto:enfieldgac@rcdow.org.uk)

**To Donate to the Parish or to Gift Aid your Donation** please visit our Diocesan website:

<https://parish.rcdow.org.uk/enfield/donate/>

**Contactless Giving Device in the Church Porch of OLSG.** Thank you for all your donations to the parish.

### **-OTHER NEWS & INFORMATION-**

**Jubilee news**—To celebrate the Jubilee Year and the 1700<sup>th</sup> anniversary of the Council of Nicaea, the Diocesan Seminary at Allen Hall is to host a series of talks on 'Exploring the Theological Virtue of Hope and its Relation to the Nicene Creed'.

**Saturday 22<sup>nd</sup> March (in Lent):**  
**Consubstantial with the Father – 'Christ our Hope'**

The talks are open to anyone. However, because of available space, numbers will be limited to around 50. You are welcome to come just for the talk. To reserve a place for the talks, kindly email Monica Ruiz Herrera at [parector@rcdow.org.uk](mailto:parector@rcdow.org.uk) by the Wednesday before the talk at the latest.

**Join CAFOD's Big Lent Walk in the Jubilee Year.** You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year - walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope. Sign up here: <https://walk.cafod.org.uk/>

**ASH WEDNESDAY - 5th March.** The first day of Lent. Day of fasting and abstinence. **Mass at HFC at 8 am. Mass at OLSG at 12 noon and 7 pm. Mass at OLW at 10am** There will be distribution of ashes at all Masses.

**STATIONS OF THE CROSS.** Each Friday in OLSG at 10.30 am and 7.30 pm . **Wednesday at 10am in OLW—but not this Wednesday.**

**Cardinal's Lenten Appeal 2025.** This Holy Year invites us to be 'Pilgrims of Hope'. We invite you to consider supporting work being done in the Diocese of Westminster to bring hope into many lives. Your The Cardinal extends his heartfelt thanks to all who give what they can to this meaningful cause. Donation envelopes are available today.

**CAR PARKING AT OLSG** - Please will those parking in order to visit the church and the presbytery remember to enter their registration number Monday to Saturday. It is essential to do this & to double check with yourself that this has been done. The parish can only request cancellation of a Parking Charge Notice (PCN) in exceptional circumstances. Fr Daniel

To watch live-stream (LS): [www.catholicenfield.org/live-stream/](http://www.catholicenfield.org/live-stream/)

## LITURGY, CONFESSION & MASS TIMES

Sun 2nd + EIGHTH SUNDAY IN ORDINARY TIME

*Ps Wk 4*

March *Sirach 27:4-7; 1 Corinthians 15:54-58; Luke 6:39-45*

**OLSG:** Mass 8am, 9am, 10.30am, 12 noon (LS), 6pm

**OLW:** Mass 10am

Mon 3rd Mar Feria

**HFC:** Mass 8am. Adoration of the Blessed Sacrament 7-8pm

**OLSG:** Church cleaning 10am, Mass 12 noon (LS)

Tues 4th Mar Feria (Shrove Tuesday)

**HFC:** Mass 8am. Adoration of the Blessed Sacrament 7-8pm

**OLSG:** Mass 12 noon (LS)

Wed 5th Mar ASH WEDNESDAY

**HFC:** Mass 8am. Adoration of the Blessed Sacrament 7-8pm

**OLSG:** Mass 12 noon (LS) & 7pm (sung) **OLW:** Mass 10 am

Thur 6th Mar Lent Feria

**OLW:** Mass 9.30am

**OLSG:** Mass 12 noon (LS), Prayer to the Sacred Heart 3pm-4pm

**HFC:** Adoration of the Blessed Sacrament 4-5pm

Fri 7th Mar Lent Feria **Friday abstinence**

**OLSG:** Mass 10am (followed by Stations of the Cross), 12 noon (LS).

(followed by Lent Course), 6pm—7 pm Holy Hour (with Confessions)

Stations of the Cross 7.30pm

Sat 8th Mar Lent Feria

**OLSG:** Mass 9.30am followed by Adoration of the Blessed Sacrament.

Confession 10am-10.45am; Benediction 10.45am; Inclusive Mass 3 pm

Adoration & Confessions 5pm-5.45pm, Mass 6pm.

Sun 9th Mar + THE FIRST SUNDAY OF LENT

*Ps Wk 1*

*Deut 26:4-10; Romans 10:8-13; Luke 4:1-13*

**OLSG:** Mass 8am, 9am, 10.30am, 12 noon (LS). Mass 6pm

**OLW:** Mass 10am

**KEY:** **OLSG:** Our Lady of Mount Carmel & Saint George, 45 London Road, EN2 6DS

**OLW:** Our Lady of Walsingham, Holtwhites Hill, EN2 8HG

**HFC:** Holy Family Convent, 52 London Road, EN2 6EN

**(LS):** Mass also live-streamed: [www.catholicenfield.org/live-stream/](http://www.catholicenfield.org/live-stream/)

**In OLSG:** On weekdays the Rosary and the Litany will usually be said at 11.30am before the 12 noon Mass, which will start with the Angelus.

**OLSG church Monday-Friday 7am-6pm; Saturday-Sunday 7am-7pm**

**is open:** *unless otherwise indicated in the newsletter*

**Mass in Polish:** For information visit [www.parafiaenfield.org](http://www.parafiaenfield.org)