

LITURGY, CONFESSION & MASS TIMES

Sun 29th Jan + 4th SUNDAY IN ORDINARY TIME *Ps Wk 4*
Zephaniah 2:3, 3:12-13; 1 Corinthians 1:26-31; Matthew 5:1-12 (page 130)
OLSG: Mass 8am,9am,10.30am, 12 noon (LS), 6pm Mass. **OLW:** Mass 10am

Mon 30th Jan feria
HFC: Mass 8am
OLSG: Church cleaning 10am, Funeral Mass of Veronica Eileen White
RIP 12 noon (LS)

Tues 31st Jan St John Bosco, Priest
HFC: Mass 8am, Adoration of the Blessed Sacrament 7-8pm
OLSG: Funeral Mass of Irene Gatens RIP 12 noon (LS)

Wed 1st Feb feria
HFC: Mass 8am, Adoration of the Blessed Sacrament 7-8pm
OLSG: Mass 12 noon (LS)

Thurs 2nd Feb THE PRESENTATION OF THE LORD
HFC: Mass 8am, Adoration of the Blessed Sacrament 3.45-4.45pm
OLW: Mass 10am with blessing of candles
OLSG: Funeral Mass of Sally Morea RIP 12 noon (LS)

Fri 3rd Feb Ss Laurence, Dunstan & Theodore, Archbishops of Canterbury *Fri abstinence*
OLSG: Mass 10am, Mass 12 noon (LS). Blessing on throats at both Masses.
Adoration, Confession & Benediction 6-7pm

Sat 4th Feb Blessed Virgin Mary on Saturday
OLSG: 9.30am Mass (followed by Adoration of the Blessed Sacrament);
10am-10.45am Confession; 10.45am Benediction; Adoration & Confessions
5pm-5.45pm; 6pm Mass

Sun 5th Feb + 5th SUNDAY IN ORDINARY TIME *Ps Wk 1*
Isaiah 58:7-10; 1 Corinthians 2:1-5; Matthew 5:13-16 (page 133)
OLSG: Mass 8am,9am,10.30am, 12 noon (LS), 6pm Mass. **OLW:** Mass 10am

KEY: **OLSG:** Our Lady of Mount Carmel & Saint George
OLW: Our Lady of Walsingham, Holtwhites Hill, EN2 8HG
HFC: Holy Family Convent, 52 London Road, EN2 6EN
LS: Mass also live-streamed: www.catholicenfield.org/live-stream/

In OLSG: On weekdays the Rosary and the Litany will usually be said at 11.30am before the 12 noon Mass, which will start with the Angelus

Mass in Polish at OLW: For information visit www.parafiaenfield.org

OLSG is open: Monday-Friday 7.30am-6pm; Saturday 8.30am-7pm; Sunday 7.30am-7pm
Except on First Friday - church will close at 7pm
Facebook: www.facebook.com/CatholicEnfield **Twitter:** @CatholicEnfield

Our Lady of Mount Carmel & Saint George

with Our Lady of Walsingham & the English Martyrs

A parish of the Roman Catholic Diocese of Westminster

Year A **FOURTH SUNDAY IN ORDINARY TIME** 29th January 2023

THE BEATITUDES (Matt 5:3-12)

In today's gospel, Jesus offers us the formula for true happiness in the eight Beatitudes. Certainly, they go against the way the world thinks and lives. Jesus is the way. Let us learn from him.

If the quest for riches keep you restless, Jesus counsels; "Happy are the poor in spirit for theirs is the kingdom of heaven." Jesus is commending simplicity of life which means freedom from all sorts of worldly attachments. The poor in spirit is the person who has realised that things mean nothing, and that God means everything.

If you restlessly seek pleasure, Jesus counsels; "Happy are they who mourn, for they shall be comforted". This is not the validation of depression but a statement on the joy of being detached from pleasure-seeking.

If you think that your life is meaningless without power, Jesus counsels, "Happy are the meek, for they will inherit the earth". Meekness or gentility of spirit reflects the serenity that is found in God. It is therefore a quality of the strong, those at peace in their own skin.

If you think that your life can only be meaningful with honour, Jesus counsels, "Happy are they who are persecuted for the sake of righteousness, theirs is the kingdom of heaven".

"Happy are the merciful for they shall obtain mercy." The merciful are those who, without being judgemental, demonstrate deep down compassion and empathy towards those in trouble, entering into their pains. The pure in heart are the very rare persons who are able to see things without prejudice and distortion.

Those who hunger and thirst for righteousness dedicate their lives to ensuring that people everywhere have what is due to them for decent living. The peacemakers are active agents of unity who promote justice, forgiveness and reconciliation as the only sure way to peace.

The Beatitudes which is at the core of the Christian life is the Magna Carta for holiness and happiness. Walk these paths, says Jesus, and you may not find happiness which the world gives, but it is the narrow path of the cross which surely leads to glory. Fr Vincent.

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Email: enfield@rcdow.org.uk **Web:** www.catholicenfield.org

Parish Office Opening Times: Mon-Fri 9am-5pm; Sat 9.30am-1pm; Sun 10am-1pm

Parish Priest: Fr Daniel Humphreys

Assistant Priests: Fr Timothy Mangatal and Fr Vincent Nnatuanya CSSp

Deacon: Rev. Peter Jones email: peterjones@rcdow.org.uk

Catechetical Coordinator: Georgina Simmons email: enfieldcat@rcdow.org.uk

Parish Secretary: Susi Thompson

Parish Safeguarding Reps: Deborah Thompson email: enfieldsg@safeguardrcdow.org.uk
Samantha Seth email: enfieldsg2@safeguardrcdow.org.uk

PLEASE PRAY FOR:

The sick & housebound: Anna Sullivan, Ria Hughes, Eveline Jansz, Agnes Verbeek, Linda Lee-Pow, Mary Goulding, Mena De Souza and Liz Nunny.

Those who have died: Bidy Woodland, Sally Morea, Julia Lewcock, Peter O'Brien, John Lombard, Irene Gatens, James O'Donoghue, Veronica Eileen White, Gary Canon, Mary Ainger, Micheal Sexton, Giuseppe Mendola, Emma Barry, Yolanda Morena, James White, Agnes McNicholas, Delia Marie Grealish and Anna-Maria Volpicelli.

Those whose anniversaries occur at this time: Monica Pickering, Ronald Davis, Frank McManus, Elizabeth Quinn and Guiseppina Mendola

THE LAMPS IN OUR CHURCHES

This week the lamp:

by the Tabernacle (left) burns for Marie Coutinho - Healing

by the Tabernacle (right) burns for Merlyn & Maurice Thomas - Thanksgiving

by Our Lady's Chapel burns for the Downie Family - Own Intentions

by the Sacred Heart Chapel burns for Harry Dennis - Rest In Peace (anniversary)



Georgina Simmons. Our Catechetical Coordinator is leaving us at the end of this week for a new challenge in the City. We thank Georgina for her good work here over the past few years. Prayers, please, as we seek to replace her.

OLSG New Car Park System Starts from Monday 30th January. Those who are genuinely using the church, the presbytery and Parish Centre will be able to book in using machines, as with many other car parks nowadays. Please note that those who have not signed in will receive a fine from the company who are administering this. **Presentation of the Lord** on Thursday 2nd Feb. Mass at 8am in the HFC and 10am in OLW.

The traditional Blessing of St Blaise on Throats will take place after the 10am and 12noon Masses on Friday 3rd February at OLSG.

Adoration on the First Friday of the month - 3rd February, 6-7pm at OLSG. Adoration, during which confessions will be heard, and conclude with Benediction. All welcome to come and spend time with the Lord during Advent. The church will remain open until 7pm.

Parish Visitation. Bishop John Sherrington will be with us for his quinquennial visitation and parishioners are invited to join him for a drinks reception on Saturday 4th February after the 6 pm Mass in the parish centre. Volunteer parishioners are needed to help Marion Keable with the refreshments. If you can help, please contact the parish secretary on 020 8363 2569 or enfield@rcdow.org.uk

John Casey - Ordination to the Diaconate. Please pray for John who will be ordained on Saturday 11th February at Allen Hall Seminary. Spaces are limited so Fr Daniel will represent the parish.

Palms from last year. Please bring your palms from last year's Palm Sunday to the church or leave them in the presbytery. The palms will be burned & the ashes will be blessed & distributed at all Masses on Ash Wednesday—22 February.

Collection for the homeless - Sunday 5th February. Our annual parish collection of goods for London's homeless will take place in aid of the Manna Society at all Masses next weekend. The Manna Society at London Bridge provides daily meals for

London's many homeless people together with shower facilities & clothing. They have volunteer doctors, dentists & chiropodists who offer their services free of charge.

The day centre needs the following items:

Food: (only non-perishable) powdered milk, sugar, fair-trade coffee; pasta sauces, biscuits, orange squash, tins of chopped ham, fish, vegetables, baked beans, hot dogs and corned beef. **Other:** Good Quality Winter coats, rucksacks, sleeping bags & kitchen roll. Please bring your donations to the back of the church at Masses next weekend.

The goods will be taken direct to the Manna Day centre, on Monday morning. Help would be appreciated, sorting donated goods into crates after each Mass. **Many thanks .**

Parish Pilgrimage to Rome. Five days from 12th to 16th June 2023, led by Fr Daniel Humphreys. Itinerary schedule & booking forms are available from the presbytery.

Tuesday Bereavement/Social Group will meet on 31st January after 12 noon Mass in the Challoner room. All are welcome.

Mount Carmel Ladies Group will meet on Thursday 2nd February from 12:45pm for a talk by Age UK and usual raffle.

The Sunday Cafe open 10-11am every Sunday in the parish centre. We have sent £100 to the North Enfield Food Bank and £143 to CAFOD. This money was raised by our volunteers and our loyal customers. All are welcome. No need to sit alone!

The Power of the Rosary Prayer Group will meet in the Challoner room on Wednesday 8th & 22nd February at 10.30am. All welcome.

Fraternity of St Charles de Foucauld will meet on 7th February 10.15-11.45am. Meetings are always on 1st Tuesday of the month in the Challoner room. We look into the Gospel passages and their relevance for us today and aim to follow the Spirituality of St. Charles, who chose to change his life from opulence and wealth, to one of austerity,

simplicity, prayer and Eucharistic Adoration. All welcome. Kathy 0208 366 4034.

Una Daly, a parishioner, is doing a 10 mile sponsored walk on Sunday 29th January to fundraise for the Royal London Hospital, where she stayed for two weeks last year after an accident. To sponsor Una, please visit: www.justgiving.com/team/10miles

Peter O'Brien RIP. The funeral of the late Peter O'Brien will take place in Wales on 15th February at 10.45am. There will be a Memorial Mass for him here at OLSG on Saturday 4th March, 2.30pm followed by refreshments in the parish centre. All welcome.

- FINANCE -

To Donate to the Parish or Gift Aiding your Donation. Details are on our Diocesan website: <https://parish.rcdow.org.uk/enfield/donate/> Thank you for your support.

OTHER NEWS & INFORMATION

Mass for World Day of the Sick. The annual Mass for the World Day of the Sick will take place at 2.30pm on Saturday 11th February at Westminster Cathedral. For tickets please contact the parish secretary on 020 8363 2569 or enfield@rcdow.org.uk and let us know if you are a wheelchair user or walking sick and require anointing or assisting the sick and do not require anointing, to ensure the correct tickets are applied for. **Volunteers needed for CAFOD,** the Catholic Agency for Overseas Development, are looking for people to join us as volunteers to raise awareness about our work across the developing world tackling poverty and injustice. Join our meeting this Wednesday 1st February 2.30-4.30pm in Oakwood N14 4HE. Contact Tony at CAFOD for details. westminster@cafod.org.uk or 0208 449 6970.

St Ignatius College is recruiting for **Exam Invigilator.** £12 per hour. Starting Feb 2023. Please contact 01992 717835 or email recruitment@st-ignatius.enfield.sch.uk